diabetes and myocardial infarction of an animal which comprises administering to the animal a protein/phospholipid complex or protein hydrolyzate/phospholipid complex containing 20 - 50 wt% of bound phospholipid, wherein said protein is derived from a plant.

and by

18. (amended) A method for improving the cholesterol metabolism of an animal which comprises administering to the animal the complex a protein/phospholipid complex or protein hydrolyzate/phospholipid complex containing 20 - 50 wt% of bound phospholipid, wherein said protein is derived from a plant.

Please add the following new Claims 28 to 43.

- --28. The method according to claim 17, wherein the phospholipid is lecithin.
- 29. The method according to claim 17, wherein the phospholipid is enzyme-modified lecithin obtainable by treating lecithin with phospholipase.
- 30. The method according to claim 28, wherein the phospholipid is enzyme-modified lecithin obtainable by treating lecithin with phospholipase.

- 31. The method according to claim 17, wherein the animal is human.
- 32. The method according to claim 28, wherein the animal is human.
- 33. The method according to claim 29, wherein the animal is human.

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- 34. The method according to claim 30, wherein the animal is human.
- 35. The method according to claim 18, wherein the phospholipid is lecithin.
- 36. The method according to claim 18, wherein the phospholipid is enzyme-modified lecithin obtainable by treating lecithin with phospholipase.
- 37. The method according to 35, wherein the phospholipid is enzyme-modified lecithin obtainable by treating lecithin with phospholipase.
- 38. The method according to claim 18, wherein the animal is human.

- 39. The method according to claim 35, wherein the animal is human.
- 40. The method according to claim 36, wherein the animal is human.
- 41. The method according to claim 37, wherein the animal is human.

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- 42. A method for lowering cholesterol or lipid level of an animal which comprises administering to the animal a protein/phospholipid or protein hydrolyzate/phospholipid complex containing 20-50 wt% of bound phospholipid wherein said protein is derived from a plant.
- 43. A method for producing food or feed which comprises adding, to a food or feed material, a protein/phospholipid or protein hydrolyzate/phospholipid complex containing 20 50 wt% of bound phospholipid, wherein said protein is derived from a plant.--